

Phaltan Education Society's  
**College of Engineering**

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Date: 06/03/2025

**Notice**

All degree and diploma students are hereby informed that Institutes Internal Complaint Committee is organizing **Hemoglobin Check-up Camp for Girl Students** on the occasion of International Women's Day 2025.

**Program Details:**

**Venue:** Seminar Hall, PES's College of Engineering

**Day and Date:** Monday, 17<sup>th</sup> March, 2025

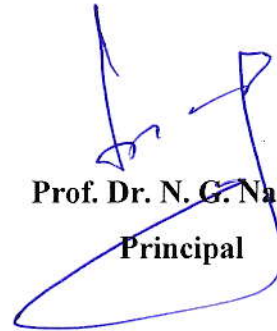
**Time:** 03.00 pm onwards.



**Ms. D. D. Jadhav**  
ICC Secretary



**Mrs. D. S. Bhoite**  
Presiding Officer ICC



**Prof. Dr. N. G. Narve**  
Principal

**Institute Vision**

Phaltan Education Society's College of Engineering aspires to be recognized as the college of first Choice for excellence in technical education.

**Institute Mission**

1. To prepare specially rural students for a productive and rewarding career in engineering profession.
2. To impart value added technical and soft skills for attaining excellence in Career
3. To develop responsible citizens with ethical values.

**PES's College of Engineering**  
**Academic Year 2024-25**  
**Internal Complaint Committee**

2024-2025

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**Report on: Hemoglobin Check-up Camp for Girl Students**

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**Organized by:** Internal Complaint Committee (ICC)

**Date:** 17<sup>th</sup> March, 2025

**Occasion:** International Women's Day 2025

**Venue:** Seminar Hall, College of Engineering, Phaltan

**Number of Participants:** 118

### **Introduction**

**International Women's Day**, celebrated on **8<sup>th</sup> March**, highlights **women's rights, achievements, and well-being**. One of the key aspects of **women's empowerment** is **health awareness**, as good health is fundamental to achieving personal and professional goals. Recognizing this, on the occasion of **International Women's Day 2025**, the **Internal Complaint Committee (ICC)** of **College of Engineering, Phaltan**, organized a **Hemoglobin Check-up Camp** for girl students on **17<sup>th</sup> March, 2025**. The initiative aimed to promote **health awareness** among young women and emphasize the importance of **regular health checkups**.

### **Objectives of the Camp**

1. **To promote health awareness** among girl students on the occasion of International Women's Day.
2. **To assess hemoglobin levels** and identify students at risk of **anemia or other health issues**.
3. **To provide medical guidance** and suggest dietary improvements **for maintaining adequate hemoglobin levels**.
4. **To encourage preventive healthcare practices** among young women.



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### **Need for Health Checkups for Girls**

Women, especially young girls, are often at risk of **anemia and nutritional deficiencies** due to **poor diet, lack of awareness, and academic stress**. **Low hemoglobin levels** can lead to:

- Fatigue and weakness
- Dizziness and headaches
- Poor concentration and reduced academic performance
- Weakened immune system

By conducting **regular health checkups**, early signs of **anemia and other deficiencies** can be detected and managed with **proper diet and medical advice**.

### **Camp Highlights**

- The camp was conducted in collaboration with **medical professionals and healthcare experts**.
- A total of **118 girl students** actively participated and underwent **hemoglobin level assessments**.
- Students were given **personalized health consultations** based on their reports.
- Awareness sessions were conducted on **anemia prevention, women's health, and nutrition**.
- Students with low HB level were advised on maintaining **iron-rich diets** and adopting **healthy lifestyle habits**.

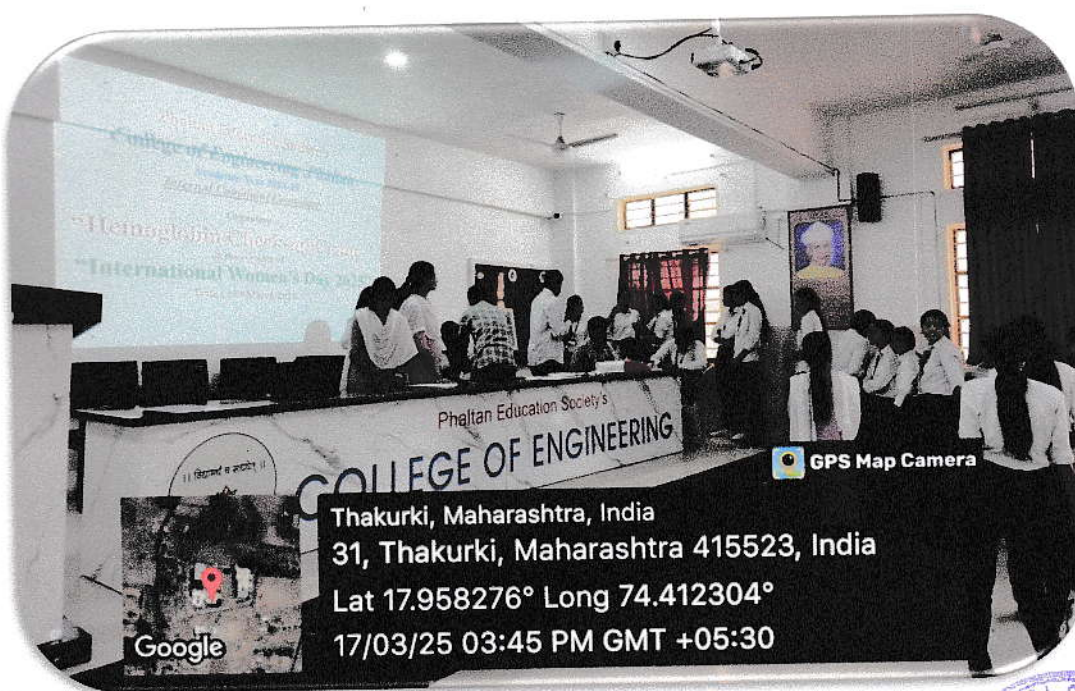




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**Photographs of Event:**



**Photo 1-2: Girls participated in Hemoglobin Checkup Camp**





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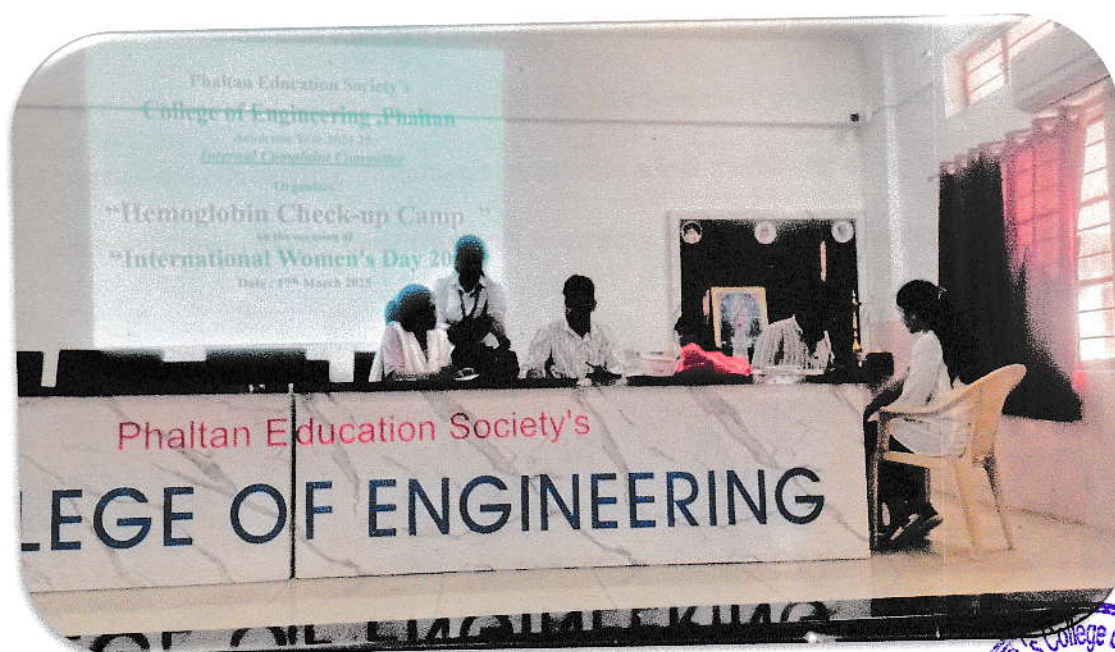


Photo 3-4: Girls participated in Hemoglobin Checkup Camp



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**Photo 5-6: Ladies Faculties participated in Hemoglobin Checkup camp**

**Outcomes of the Camp**

1. **118 students benefited** from the hemoglobin test and received **health insights**.
2. **Students became more aware** of the importance of **regular health checkups**.
3. **Early detection of anemia** helped students take necessary preventive measures.
4. **Nutritional counseling** encouraged students to adopt a healthier diet.
5. **Increased awareness about women's health issues** and the importance of self-care.

*Tradhav*

**Ms. D. D. Jadhav**

**ICC Secretary**

*D. S. Bhoite*

**Mrs. D. S. Bhoite**

**ICC Presiding Officer**



*N. G. Narve*  
**Prof. Dr. N. G. Narve**

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